

Crunchex Simply Salted Product Details

Net Weight: 135g (4.76oz)

| Nutrition Facts | | | |
|----------------------------|--------|--------------------|--|
| Serving Size: 28.35g (1oz) | | 5 serving per pack | |
| Amount per serving | | % DV* | |
| Calories | 158 | | |
| Total Fat | 10g | 12% | |
| Saturated Fat | 5g | 23% | |
| Trans Fat | <0.02g | | |
| Cholesterol | <0.1mg | <0.1% | |
| Sodium | 110mg | 5% | |
| Total Carbohydrate | 15g | 4% | |
| Total Sugars | 0.4g | | |
| Includes added sugar | 0g | 0% | |
| Fibre | 2g | 8% | |
| Protein | 2g | | |
| Vitamin D | | <0.1% | |
| Calcium | | 1% | |
| Iron | | 2% | |
| Potassium | | 11% | |

^{*}The % Daily Value (DV) tells you how much a nutrient serving of food contributes to a daily diet. For general nutrition advice, 2000 calories a day is used.

Ingredients

Potato (90%), Edible Vegetable Oil (Palmolein), Edible Common Salt (0.3%)

| Nutrition Information | | |
|-------------------------|-----------------|--|
| Typical Value (approx.) | per 100g | |
| Energy | 2332KJ/557 kcal | |
| Fat | 33.92g | |
| of which Saturates | 16g | |
| Carbohydrates | 51.97g | |
| of which Sugar | 1.4g | |
| Protein | 7.21g | |
| Sodium | 388mg | |
| Fibre | 8g | |
| Salt | 0.97g | |

Allergen Advice:

The product is made in a facility that processes Peanut, Tree Nuts, Soya, Sesame Seeds and Cereals